

LIBERATING WISDOM AND JOY:
a weekend in celebration of our true nature,
where the wisdom of the Enneagram meets with the heart of Buddhist wisdom



With Penny Fenner

Melbourne: November 19-20, 2011

This weekend is a precious opportunity to gather in the safety and openness of inner stillness, reflection, guidance, sharing and inner wisdom.

Imagine:

- **Immersion in experiences that heighten awareness and expression of truth, wisdom, and joy.**
- **Openness, safety, joy, laughter, support, delight, surprise, space for pure being.**
- **Discovering new ways to reveal limits or fears and immediate ways to release and open to joy.**
- **Understanding how each Enneagram Type and specific Type practices can aid in more deeply connecting with our true nature.**
- **The delight of opening more and more to “not knowing” enabling presence and wisdom to shine through.**

Recent past participants share:

The Liberating Joy Retreat has gifted me with the rare opportunity to experience what it is to be 'fully present'. Penny offered a fertile space in which I could explore inner stillness and become reacquainted with my true nature ...thankyou. Eryka Sklivas, Melbourne

Thank you for your beautiful workshop gift. You (Penny) created a gentle and safe space for everyone to connect with whatever mind thoughts are holding them back. You were tuned in, aware, respectful and illuminating. It was a joy and privilege to be a recipient of and witness to your teaching Fay Goodchild, Melbourne

Penny Fenner is a psychologist, wisdom keeper and guide with experience teaching and facilitating individuals, couples, executives, organisations and groups in Australia, USA, Europe, and Asia for more than 20 years. Her inspiration is drawn from an immersion in Asian wisdom traditions since the '70's, the Enneagram, ego state therapy, and the best of contemporary process. Co-author of *“Essential Wisdom Teachings – the way to inner peace”* (2001), and author of the chapter *Healing from the Heart* in the book *Listening from the Heart of Silence* (ed. by Prendergast & Bradford, 2007, Penny's work enables the revelation and integration of deeper, more loving expressions of our true nature and capacity for fulfilment.



VENUE: TBC (Melbourne area)

DATES: Sat/Sun November 19-20:9.30am - 4pm

COST: EARLY BIRD B4 October 31: \$425 (inc GST)

After October 31: \$475 (inc GST)

For further inquiries and registration, contact:

E: penny@fenner.org

M: 0411 554 007

W: www.skilfulaction.com – under RETREATS