



THE ENNEAGRAM

with Penny Fenner

Date: Saturday May 4, 2013
Time: 9.30am-5pm
Cost: \$250 (early bird \$225 paid by April 4)
Includes light refreshments, (not lunch) and resource materials.
Venue: Wellspring Centre, Y Street Ashburton
Melways 60D9

Do you ever find yourself thinking there has to be an easier or more sustained way to make the changes you want in your life? Do you want to gain more from your personal and work relationships? Do you become frustrated with your own behaviour or wish others would see the world more like you see it?

The Enneagram is a powerful personality system that describes nine distinct, interrelated points of view, or “types” with specific ways of seeing thinking, feeling and behaving. Unlike other personality systems the Enneagram goes beyond behavioural descriptors, and accurately pinpoints our core motivations and stressors, offering practical ways to manage these.

When we recognise our type a huge amount of information becomes available to us. In understanding all nine types, a world of information reveals itself offering an invaluable tool for improving the quality of our personal and professional relationships.



PENNY FENNER, psychologist, executive coach and facilitator, has more than 25 years’ immersion in the field of human transformation. She has been integrating the Enneagram system in individual work and organisationally with executives and teams for ten years.

On this day Penny will:

- Describe the nine types in depth, their strengths, blind spots and the behavioural , internal changes that occur when stressed or in contrast, when feeling secure.
- Help you identify your type and the key issues, challenges, and strengths for each type.
- Engage in practical and reflective processes to deepen your understanding and enable you to apply your learning.

FURTHER INFORMATION & REGISTRATION:

E: penny@fenner.org; M: 0411 554 007
W: www.skilfulaction.com

CPD points for professionals: Gain valuable knowledge to use with clients while avoiding fatigue and burn out.

The Enneagram is an invaluable system for understanding the dynamics of personality. This can be applied in self- development, with clients and personal relationships. If you want to know yourself and others better, understand how and why we get stuck in habitual patterns and behaviour, and discover how to release yourself from these traps, this workshop is for you.